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Where do the young and sexy looking Grandparents fit in? Should I call myself middle age, now that I am turning 50. People often think that my grandkids are my children. I am the wife of a celebrity DJ/Producer, world renowned House Music Icon Farley Jackmaster Funk and I wear many hats.

Now with my husband being a DJ, sure there's always a competitive spirit to want to look my best because other women are always there finding what he does so fascinating, but I never thought to be approaching 50 and be denied access to having the grandma title because I take care of myself.

I enjoy being with my two grandchildren, the privileges of reconnecting to the joy of child hood and giving them back to their parents is a beautiful thing. So, I embrace the grandparent title without having the image.

Some would consider it a blessing for today’s crave of wanting to look young, but the burden now comes with where do I fit in. According to a study, the definition of the word middle age, can be considered to be between 27 between and 75. The theory.is based on an age range not a number because there are different varieties of looking at one’s lifestyle and activities to be considered what's acceptable for a particular age.

But, what definitely separates the issue is the fact that young people have potential, they live life based on thinking that they can do everything. Older people most likely pursue those things that matters because being old has limitations.

Middle age is a point in life when you shift from seeing the future in terms of your potential and begin to see it in terms of your limitations. A major milestone is turning 50 and I celebrate everything that comes with it, but I still know that there’s a deeper purpose for this journey other than looks being measured as a yard stick to age.

Another burden to this issue is how we feel about young adults not giving us the same gratitude & appreciation as we did our parents and grandparents. Do they see you as being just a few steps away from their age group,  treating us like a girlfriend with much ATTITUDE!

Oh, that’s right they consider that role as being too controlling now that they have become adults and think they know everything with a touch of the computer. Finally, I get it! as I see my daughter gain a greater appreciation for my many sacrifices of raising her, now that she’s facing the same challenges of being in the parenting role.

That experience doesn’t come from the computer. It only comes from living life, life’s experiences happening to all of us. As my grandparents would often say, .“ there’s nothing new under the sun,” and trust me I glean from the wisdom of my elders.

But, the younger generation would like to think that they are a new generation because they are the first to live in this technology world. So, Now we have got to be the new 50! Applying wisdom of seniors and elders to the technical appetites of today’s youth.

Since, youth have mastered something that many elders run from, there is a digital divide and a communication breakdown between young people and elders. So, how as we are in between fix this because, to not share knowledge, talents and many legacies of our grandparents to our grandchildren is a huge problem.

This year marks 20 years of me having founded Kidz Korna, NFP a non-profit grass root program for at-risk youth and boy do they need to see us teach and model a certain lifestyle before them if they are going listen to us. This new 50 campaign is what it’s all about.

A 50 plus generation whose living healthier while inspiring youth to engage in healthier lifestyle choices and we mediate better solutions for our young people through the wisdom of elders. Because, going viral is not the answer to passing the torch down to the next generation. If you are with me join me: Iamthenew50.com.

a major milestone is when you begin to turn 50 was okay another blessing is when your kids begin to see first hand the sacrifices in burdens of parenting and then they begin to gain understanding and gratitude for your position as a parent 50 is a momentous time to elevate what's important in life and what's not and since some of us I am not ready to face or turn 50 does have set limitations there's one thing that we can rest a sure that we have obtained so much wisdom and knowledge with living or being alive it a half a century that we need to figure out what to do with the wisdom and knowledge that we have it would be a shame to leave this earth and not share the gift things the talents the blessings of living a life for this long and not give it to someone else so my new found Idea is creating a senior mentoring movement for today's youth this movement has a twist we are not just mentors we are mentors who are now are now living in a world where world we are the technological appetites of young people has cause digital divide between young and old now how do we connect to that

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